

OBESITY HEALTH ALLIANCE INTERN



DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

WELLNESS WALK
DIABETES UK

DIABETES UK
FIGHT DIABETES. FIGHT TOGETHER.

WHO WE ARE

For nearly 5 million people with diabetes in the UK, there's no day off. At Diabetes UK, we fight day in, day out for better care, treatment and support. We won't stop until diabetes can do no harm. With more people than ever living with diabetes and millions more at risk of developing type 2, our work has never been more needed.

We can't do any of this without you. Our staff are passionate and determined about helping everyone affected by diabetes. For over 85 years, they've been behind vital policy changes, as well as new treatments and technologies to make living with diabetes easier every day. But there's more to do. And you can be part of it.

We're a really diverse bunch and we recognise and respect your value as an individual.

As well as helping people with diabetes, you'll be part of one of the top 30 Best

UK Charities to Work For, and one of the top 75 Best Large Companies in London.

Tackling inequality is part of our mission, and we're committed to being a diverse and inclusive organisation, for all of our people and volunteers. We have a friendly and inclusive culture, with a range of staff networks and ways to get involved. You can find out more about our approach to equity, diversity and inclusion in our strategy here [EDI Strategy Branded version 22 March 2023.pdf](#).

Our vision is a world where diabetes can do no harm. Join us today, and together, we can make that a reality.



JOB DESCRIPTION

Role title: Obesity Health Alliance - Intern

Contract type: 12-month fixed term contract

Hours: 35 hours

Band: 7 (£26,936-£28,062)

Key relationships (internal and external):

Internal: OHA Director and Government Affairs Lead, Diabetes UK Policy and Campaigns team, Media and content team.

External: OHA Steering Group, OHA members, APPG on Dietary Health Officers, Government officials - particularly DHSC, OHID, HMT and No. 10, NHS, academic researchers, funders, wider public health organisations and coalitions.

Key focus of the role:

As an Intern with the Obesity Health Alliance, you'll be right at the heart of our public affairs and policy work. You'll help us engage parliamentarians, shape persuasive policy materials, and ensure healthy weight stays firmly on the Government's agenda.

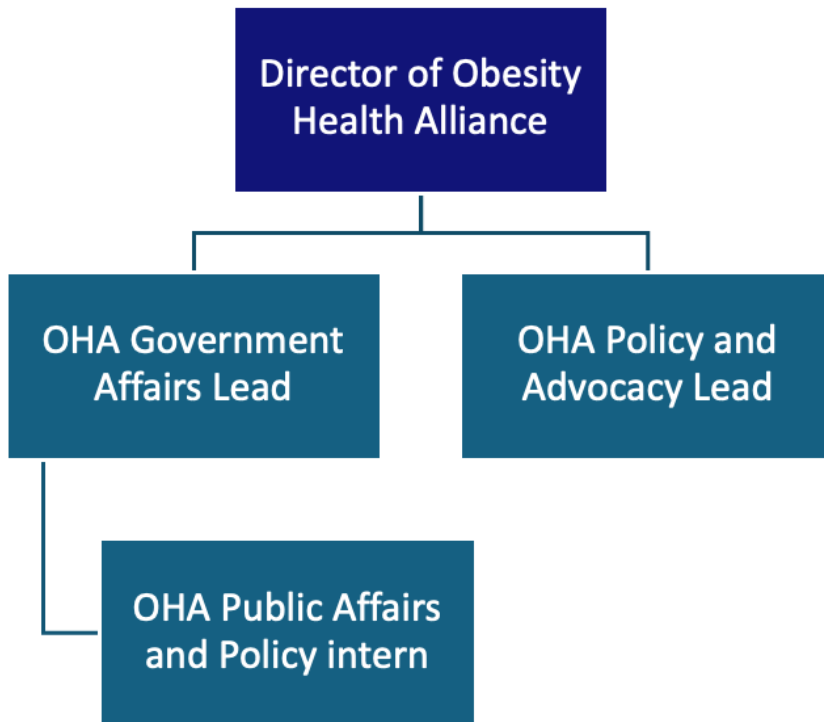
You'll support the All-Party Parliamentary Group on Dietary Health, draft communications for external audiences, track fast-moving political developments, take accurate notes and minutes, and contribute to OHA's social media and external engagement.

You'll also work closely with OHA members, government officials and other partners - helping strengthen our position as a trusted, authoritative voice in public health.

Directorate and team

This role sits in the [Obesity Health Alliance team](#) in the [Policy and Campaigns Directorate](#)

Department



Person specification

All jobs at Diabetes UK are based on

- The key activities you'll undertake and
- The skills, knowledge, experience and behaviours you need to be successful in this role

You will be able to:

With the support of the Government Affairs Lead, you will be able to;

- Create clear, persuasive policy and public affairs briefings for internal and external audiences
- Support the development of consultation responses and help draft position statements in collaboration with sector partners
- Assist with OHA's social media activity and external communications

- Develop a strong understanding of the UK political landscape and the political dynamics around public health, particularly food, diet and obesity
- Work with OHA members to develop materials, align organisations behind shared priorities and maximise the coalition's impact
- Support the organisation and delivery of the All-Party Parliamentary Group on Dietary Health

You will have experience in:

- Writing for external audiences, particularly persuasive communications
- Ability to manage multiple tasks and deliver work on time
- Working collaboratively and building consensus across groups
- Public speaking, taking detailed notes or advocacy campaigns is desirable but not required

You will have skills in:

- Strong reading comprehension and ability to summarise complex information
- Clear, persuasive and accessible communication
- Strong organisation and time-management
- Ability to rapidly assess political and policy developments
- Confident interpersonal and verbal communication skills

You will receive regular support from the Government Affairs Lead, with opportunities for mentoring, skills development and learning across the wider Diabetes UK Policy and Campaigns team

You will have knowledge:

- An interest in and understanding of UK politics and the UK political system.
- Knowledge or experience in UK health policy and issues related to food, diet and obesity is welcome but not essential.

The best person for this job will be (behaviours):

- Diligent, responsible, and able to apply strong analytical skills
- Team player, willing to support and help team where required
- Politically aware, with the ability to navigate and influence within a complex, fast-moving landscape
- Self-motivated and collaborative, delivering on commitments and contributing positively

- Clearly committed to equity, diversity and inclusion, and to tackling health inequalities - with the confidence to support and challenge others to grow in these areas
- A champion of using non-stigmatising language and evidence-led approaches in all areas of public health
- Proactive and flexible, thriving in a fast-paced and evolving environment, and contributing confidently as part of a small team
- Motivated by a commitment to achieving meaningful, lasting change in population health

Qualifications/professional membership (if applicable):

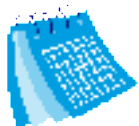
Undergraduate degree or equivalent qualification

BENEFITS

We know you do more than just work. And that means you might be a parent, carer, friend, volunteer or partner.

We want to make sure that we can help you create a good balance between work and the other parts of your life.

And one way we do that is with benefits we offer you.



Annual leave

We want you to make sure you get time off to rest and relax. So, all full-time permanent employees get 25 days off a year, with bank holidays on top of this.



Connected working

We have adopted a 'connected working' way of working. This means that, for most roles, you are not required to work in an office location every day.



Pension

We enrol everyone into our pension and all new colleagues joining us will get information on the pension scheme. We make an employer contribution of at least 5%.



Healthcare

Our cash healthcare plan that allows you to claim back the cost of regular health appointments and treatment, like the dentist and optician.



Learning and development

We help you to continually develop and achieve your career goals, including offering a wide range of training which happens throughout the year.



Gym membership

We have a gym membership discount scheme through our cash healthcare plan provider. You can use this at a wide variety of gyms around the UK.



Our Networks

A range of active and supportive colleague networks such as the Pride network, Global Majority network and Women's network.



Early finish Friday

Early finish Friday and flexible working as part of our approach to activity-based working (not applicable to roles with fixed shift patterns).



Employee assistance programme

Employee assistance programme to give you support on any issues that come up in life.



Annual season ticket loan

Annual season ticket loan* (on completion of your probation period and if contract is permanent or longer than 12 months).



Cycle to work scheme

Cycle to work scheme.

Get in touch

Email recruitment@diabetes.org.uk

Call **0345 123 2399**

Visit diabetes.org.uk

Search **Diabetes UK** on Facebook, Twitter, YouTube and Instagram

