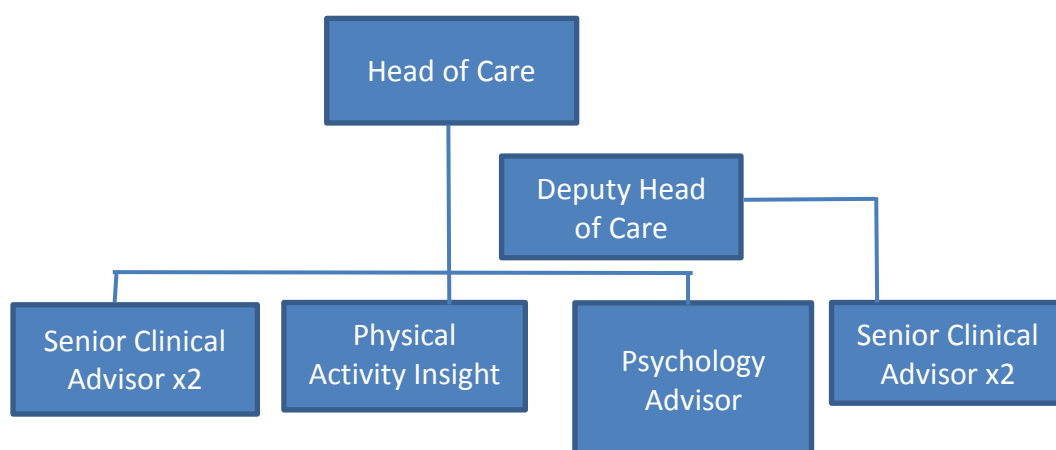


## Job Title: Psychology Advisor

DIRECTORATE:	Policy, Campaigns and Improvement
SECTION:	Care Team
REPORTING TO:	Head of Care
CONTRACT:	Fixed term – 1 year, 21 hours a week (0.6)



## WORKING RELATIONSHIPS:

### Inside Diabetes UK

Policy team  
 Campaigns and Mobilisation team,  
 Improvement, Support and Innovation teams,  
 Engagement and Fundraising director in particular the Content team,  
 Operations directorate in particular the Helpline, Advocacy and Events teams, our digital education team and volunteer groups  
 The Council of Healthcare Professionals,  
 The Council of People with Diabetes.

### Outside Diabetes UK

People living with or at risk of diabetes  
 Diabetes health care professionals  
 External agencies such as pharmaceutical, food retail and consumer product organisations,  
 Civil servants and government bodies such as NICE, Royal Colleges  
 Health professional bodies such as GMC and HCPC  
 Clinical advisers (or similar roles) in other UK health charities

## **OVERALL PURPOSE OF THE JOB**

This role supports the work of the Care Team to ensure the emotional and psychological support for people living with Type 1 and Type 2 diabetes, their families and those at risk of diabetes is provided by health services. This includes influencing a range of external stakeholders.

This role also reviews the materials and support that teams in Diabetes UK's currently offer to identify gaps and strengthen existing resources. This includes making sure all messaging is accurate, consistent and supports Diabetes UK's overall position

## **MAIN DUTIES AND RESPONSIBILITIES:**

- Audit the emotional and psychological resources and services provided across the charity to identify improvements and gaps
- Work with relevant teams in the charity to respond to the findings of the audit. This is likely to include:
  - Working with the Content team to identify content gaps and revisions across online and offline channels, including patient health guides
  - Making sure complex clinical issues are written in a clear, accessible and compelling way to meet the needs of diverse audiences
- Research and make recommendations about new psychological approaches to support the mental health of people in the diabetes community. This includes critically reviewing evidence and building relationships with leading UK and international clinicians, academics and professional bodies
- Provide support to the Care Team surrounding psychological theories and health behaviour change
- Engage with the diabetes health care practitioners to:
  - identify best practice and share this with other service providers

## **PERSON SPECIFICATION:**

The best person for this job will be able to:

- Build and maintain effective relationships with a wide range of people, including senior directors, clinicians and researchers
- A team player
- Demonstrate creative and forward-thinking approaches to solutions
- Ensure work is completed with a high attention to detail
- Communicate effectively with a wide range of people
- Manage their time and prioritise effectively including when under pressure so that they meet tight deadlines

The best person for this job will have experience in:

- Writing high quality articles and patient information
- Supporting self-management in people with long term conditions
- Evidence based psychological theories that support people with long term conditions

The best person for this job will be:

- Pro-active with a can-do attitude
- Knowledgeable about psychology care in health services
- Proficient in MS- Word, PowerPoint and Outlook